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HOPE 4 KENYA! UPDATES

*HOPE CAN
CHANGE A
LIFE!*

HOPE 4 KENYA, INC (H4K) is now a 501(c)3 registered Non-Profit in the United States. This provides us more flexibility for fund raising so that H4K can provide better quality and more consistent services and support to the vulnerable and disadvantaged populations in Kenya.

Our Vision

To improve the quality of life for the vulnerable and those with special needs in Kenya through increased access to education, healthcare and opportunities for personal, family and community sustainability.



Both the young and the very old can be vulnerable in a community. Education creates opportunity and food coupled with healthcare creates a better life for the elderly and disabled in our community. Not one solution fits all situations. Rather than creating a one-time fix for a massive community, let's create long term change through education for the young and lifestyle education and medical support for those with healthcare and disability concerns in our community.

*And now abideth
faith, hope,
charity, these
three; but the
greatest of these is
charity.*

*1 Corinthians
13.13 KJV*

Our Mission

To mobilize comprehensive and coordination of resources in a facility that will be a source of formal health education, quality healthcare and sustainable development.



1. Israel Faith Children's Home, fun day with a nail station 2022
2. Njoro Girls to Women in Conjunction with Love to Love Connection and Hope 4 Kenya 2021
3. Scholarship Program Menengi High School 2022
4. Nakuru Primary School Menstrual Support March 2022
5. Peter Chek Hope 4 Kenya Chairman National Day of the Girl

Although a very young organization, our volunteers have been enthusiastic, generous with their time, and motivated to make a change in their community. Hope 4 Kenya has impacted the community through scholarships, food distribution programs, medical support and maintenance, coordination of service groups, support of orphanages, and working with Special Need populations. The future looks bright for bringing Hope to the community and supporting the vulnerable and disadvantaged through your generous donations and support.

Insights

Hope 4 Kenya, Inc will be working to plan a mission trip Spring 2023. The current plan is to do a combination of medical camp support and work with the youth at both the schools and orphanage. As always, no trip is complete without the inclusion of some beautiful sights of Kenya, a visit to some great wildlife organizations and locations. Stay tuned for more on the upcoming details, date and way forward. SEE YOU THERE!

Hope 4 Kenya, Inc.
moved into 2022 with
numerous projects and
will end 2022 in the same
manner.

Some Kenya Facts

Population: 54,985,702 million as of World Bank 2021

Culture Name: Kenyan (Jamhuri ya Kenya) Taken from Mount Kenya, located in the central highlands.

Ethnic Groups: Kenya has over 40 ethnic groups with the largest of these being Kikuyu at 20%. The five largest groups include Kikuyu, Luhya, Luo, Kalenjim and Kamba, making up 70% of the country population.

Language: Both Kiswahili and English are official languages in Kenya and both are required in Kenyan schools.

Location: Kenya is located on the equator in Eastern Africa and shares borders with Somalia, Ethiopia, Sudan, Uganda, Tanzania, and the Indian Ocean and covers some 224,961 square miles.

Capital: Nairobi is the largest city and Capital of Kenya

Deaths in Kenya: As of 2021 HIV/AIDS remains the leading cause of death in Kenya with 104 deaths per 100,000 followed by cardiovascular disease, respiratory infections, and tuberculosis. Contributing to these is a high rate of both hypertension and diabetes.

Religion: Approximately 82% of Kenyans are Christian with Muslims making up another 10% of Kenyans.

Government: Kenya was approved for independence from England in 1963 and Jomo Kenyatta was named as Prime Minister in December 1993 and elected as the first President in 1964 serving for the next 15 years. His moto "harambee" meaning "Let's all pull together" was a cry for unification and reducing tribalism throughout the country.

Tourism and Exports: Tourism remains the second largest industry in Kenya following agriculture, with over 40 national parks and conservancies. Agriculture remains the primary source of exports with over 70% of the country being rural. Coffee, tea and spices account form 21.8% of exports followed by live trees, plants and cut flowers with 11.9%. Other exports include vegetables, fruits, nuts and mineral fuels. However, most small farmers live on very little income selling at the local markets with the overall average income being approximately 634 dollars per month down in 2021 from \$651.

Lets all visit Kenya for giving back to the vulnerable and disadvantage and raising hope for a better future. And of course the Big 5, African Elephant, Leopard, Lion, Rhino and Cape Buffalo.

Hope can Change a Life!